

# Parenting Education 1 (2011): Grades 9, 10, 11, 12

Adopted 2011

## Growth and Development

### **B1. Analyze parenting practices that maximize human development.**

1. Identify parenting and nurturing practices.
2. Describe the different communication styles.
3. Compare factors that influence human growth and development.
4. Assess community resources that support parenting and nurturing.
5. Contrast parenting styles.
6. Explain the identifying characteristics of child abuse and neglect.
7. Explore childhood disabilities.

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## Health and Wellness

### **C1. Evaluate the significance of health and wellness.**

1. Analyze parental factors that influence health and wellness practices.
2. Explore components of health and wellness (emotional, environmental, financial, mental, physical, physiological, social, spiritual)
3. Analyze factors that influence food selection.
4. Generate data that show healthy nutritional practices.
5. Describe the impact of daily physical activities on health and wellness.
6. Explain how parenting practices impact health and wellness.
7. Identify current issues and trends in health and wellness.

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**C2. Analyze issues to consider when faced with adolescent parenthood.**

1. Identify issues associated with adolescent pregnancy.
  2. Explain the importance of prenatal care.
  3. Discuss the birthing process.
  4. Summarize social stigmas associated with adolescent pregnancy.
  5. Describe the roles and responsibilities of teenage father, mother, and extended family.
  6. Explore support networks.
  7. Summarize the importance of a support network for adolescent parent(s).
  8. Explore social programs that benefit adolescent parent(s) and their children.
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**Parenthood Roles and Responsibilities****D1. Analyze the roles, responsibilities, and rewards of parenting.**

1. Justify the need for respect.
  2. Discuss parenting roles.
  3. Analyze parental responsibilities.
  4. Examine methods of guidance and discipline.
  5. Examine societal conditions that influence parenting.
  6. Compare cultural parenting roles and responsibilities.
  7. Critique rewards and challenges of parenting.
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**D2. Examine the management of resources across the lifespan.**

1. Define resource, management, fraud and lifespan.
  2. Differentiate between human resources, non-human resources and community resources.
  3. Analyze rights and responsibilities of managing resources, including legal considerations.
  4. Identify changing roles and responsibilities over lifespan.
  5. Develop appropriate methods for managing crisis situations by accessing available resources.
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## **Planning for Parenthood**

### **E1. Evaluate methods of family planning.**

1. Differentiate between the terms traditional pregnancy, medically-assisted pregnancy, adoption, black market adoption, foster care, polygamy and blended family.
  2. Classify the different legally accepted methods of becoming a parent.
  3. Identify the advantages and disadvantages of marriage, including legal and ethical considerations.
  4. Research risks associated with family planning.
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## **Careers**

### **F1. Examine interests and career opportunities related to parenting education.**

1. Differentiate between the terms work, job, career, and volunteer.
2. Develop strategies for career planning.
3. Identify personal qualities to know their strengths.
4. Research career opportunities related to parenting.
5. Demonstrate 21st Century Skills.