

# Grade Level Expectations: K-12

Students will comprehend concepts related to health promotion and disease prevention to enhance health.

**Standard 1:** Students will comprehend concepts related to health promotion and disease prevention to enhance health.

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Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.

**Standard 2:** Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.

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Students will demonstrate the ability to access valid information and products and services to enhance health.

**Standard 3:** Students will demonstrate the ability to access valid information and products and services to enhance health.

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Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

**Standard 4:** Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

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Students will demonstrate the ability to use decision-making skills to enhance health.

**Standard 5:** Students will demonstrate the ability to use decision-making skills to enhance health.

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Students will demonstrate the ability to use goal-setting skills to enhance health.

**Standard 6:** Students will demonstrate the ability to use goal-setting skills to enhance health.

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Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.

**Standard 7:** Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.

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Students will demonstrate the ability to advocate for personal, family, and community health.

**Standard 8:** Students will demonstrate the ability to advocate for personal, family, and community health.