

# Health: 4 Years

## Safety & Injury Prevention

**1 Students will demonstrate the ability to apply prevention and intervention knowledge, skills, and processes to promote safe living in the home, school, and community. 1**

**A Emergencies 1.A**

**1 Recognize how to respond appropriately to emergency situations. 1.A.1**

**B Safety Rules & Procedures 1.B**

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## Nutrition & Fitness

**2 Students will demonstrate the ability to use nutrition and fitness knowledge, skills, and strategies to promote a healthy lifestyle. 2**

**A Responses to Food 2.A**

**1 Identify the relationship between food and the senses. 2.A.1**

**E Food & Health 2.E**

**1 Recognize the relationship between food and health. 2.E.1**