

Student Wellbeing: Preschool

Sense of Self

1 Demonstrate self awareness and confidence SW1.1

Younger Preschool

- a Recognize self as a unique individual SW1.1.Y.A
- b Describe personal characteristics SW1.1.Y.B
- c Show sense of self satisfaction with own abilities, preferences, and accomplishments SW1.1.Y.C

Older Preschool

- a Identify self as a unique member of a group that fits into a larger world picture SW1.1.0.A
- b Show confidence in a range of abilities and recognizing own strengths, as well as the capacity to take on and accomplish new tasks SW1.1.0.B
- c Show independence in own choices SW1.1.0.C

2 Demonstrate identification and expression of emotions SW1.2

Younger Preschool

- a Recognize own emotions and the emotions of others SW1.2.Y.A
- b Seek adults for emotional support and guidance SW1.2.Y.B
- c Use combination of words, phrases, and actions to express feelings SW1.2.Y.C

Older Preschool

- a Identify own emotions and the emotions of others SW1.2.0.A
 - b Express and accurately respond to emotions of self and others SW1.2.0.B
 - c Predict reactions from others SW1.2.0.C
 - d Effectively use sentences and actions to express feelings SW1.2.0.D
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Self-Regulation

1 Demonstrate self control SW2.1

Younger Preschool

- a Manage transitions and adapt to changes in schedules, routines, and situations with adult support SW2.1.Y.A
- b Manage a range of impulses with adult support SW2.1.Y.B

Older Preschool

- a Manage transitions and adapt to changes in schedules, routines, and situations independently SW2.1.0.A
- b Manage a range of impulses SW2.1.0.B
- c Begin to manage behavior based on location and corresponding expectations (e.g., playground vs. classroom) SW2.1.0.C

Younger and Preschool

- a Recognize, navigate, and respond to own emotions and interactions with others with adult support when needed SW2.1.Y0.A
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Conflict Resolution

1 Demonstrate conflict resolution SW3.1

Younger Preschool

- a Negotiate to resolve social conflicts with peers with modeling and support SW3.1.Y.A
- b Use words during a conflict instead of physical force SW3.1.Y.B

Older Preschool

- a Independently initiate conflict resolution strategies with peers and seek adult support when necessary SW3.1.0.A
 - b Begin to use "I feel" statements with adult support when managing conflict with others SW3.1.0.B
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Building Relationships

1 Demonstrate relationship skills SW4.1

Younger and Older Preschool

- a Accept compromises when suggested by a peer or adult SW4.1.Y0.A
- b Gauge response based on the facial expressions of others SW4.1.Y0.B

Younger Preschool

- a Request and accept guidance from familiar adults SW4.1.Y.A
- b Exhibit age-appropriate friendship skills to engage in effective play and learning experiences SW4.1.Y.B
- c Engage in associative play SW4.1.Y.C
- d Participate in cooperative play experiences with some adult guidance SW4.1.Y.D

Older Preschool

- a Show care and concern for familiar adults and peers using more complex words and actions SW4.1.0.A
- b Maintain consistent friendships SW4.1.0.B
- c Engage in cooperative play experiences for sustained periods of time SW4.1.0.C
- d Form connections across diverse backgrounds SW4.1.0.D