

Interpersonal Relationships (2014)

Personal, Academic and Career Success

Core Standard 1 Integrate processes of thinking, communication, leadership, and management in order to apply interpersonal relationships knowledge and skills.

- 2 Evaluate effective communication processes in school, family, career, and community settings IR-1.2
 - 1 Demonstrate components of critical thinking, creative thinking, and reasoning IR-1.1 IR-1.1
 - 4 Apply management, decision-making, and problem solving processes to accomplish tasks and fulfill responsibilities IR -1.4 IR -1.4
 - 3 Demonstrate leadership that encourages participation and respect for the ideas, perspectives, and contributions of group members IR -1.3 IR -1.3
 - 5 Examine interrelationships among thinking, communication, leadership, and management processes to address individual, family, community, and workplace issues IR -1.5 IR -1.5
 - 6 Demonstrate fundamentals to college and career success (e.g. strong work ethic, time management, positive attitude, adaptability/flexibility, stress resilience, accountability, self-discipline, resourcefulness, cooperation, self-assessment) IR -1.6 IR -1.6
 - 7 Apply standards of ethical behavior when making judgments or taking personal actions IR -1.7 IR -1.7
 - 8 Apply knowledge gained through research to solve problems and communicate ideas in fields related to interpersonal relationships IR -1.8 IR -1.8
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Building and Maintaining Relationships

Core Standard 2 Examine processes for building and maintaining various types of relationships in career, community, and family settings.

- 1 Analyze purposes and expectations of various types of relationships in career, community, and family settings IR-2.1 [IR-2.1](#)
 - 2 Explore impacts of multiple life roles and responsibilities on relationships IR-2.2 [IR-2.2](#)
 - 3 Examine and contrast characteristics and consequences of healthy and unhealthy relationships in career, community, and family settings IR-2.3 [IR-2.3](#)
 - 4 Distinguish codes of conduct and their impacts on relationships in career, community, and family settings IR-2.4 [IR-2.4](#)
 - 5 Discuss careers that draw on knowledge and skills for interacting with people IR-2.5 [IR-2.5](#)
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Impacts of Individual Needs and Personal Characteristics

Core Standard 3 Evaluate individual needs and personal characteristics and their impacts on interpersonal relationships.

- 1 Examine ways relationships are influenced by personal characteristics and stages of physical, intellectual, emotional, social, and moral development [IR-3.1](#)
 - 2 Evaluate influences of personal needs and wants and on relationships in career, community, and family settings IR-3.2 [IR-3.2](#)
 - 3 Consider effects of self-esteem and self-image on relationships in career, community, and family settings IR-3.3 [IR-3.3](#)
 - 4 Analyze impacts of personal standards and behaviors on relationships in career, community, and family settings IR-3.4 [IR-3.4](#)
 - 5 Examine impacts of stress management on relationships in career, community, and family settings IR-3.5 [IR-3.5](#)
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Communication Skills

Core Standard 4 Demonstrate communication skills that contribute to relationships in career, community, and family settings.

- 1 Describe basic components of the communication process (i.e., source, encoding, channel, decoding, receiver, feedback, context) [IR-4.1](#)
 - 2 Evaluate and apply attitudes that contribute to effective communication in career, community, and family settings [IR-4.2](#)
 - 3 Demonstrate effective listening and feedback techniques and assess their influences on relationships in career, community, and family settings [IR-4.3](#)
 - 4 Analyze strategies to overcome communication barriers in career, community, and family settings [IR-4.4](#)
 - 5 Analyze principles of ethical communication in career, community, and family settings [IR-4.5](#)
 - 6 Assess impacts of selection and use of communication technologies on relationships in career, community, and family settings [IR-4.6](#)
 - 7 Choose appropriate communication methods and styles for business and social situations [IR-4.7](#)
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Conflict Prevention, Resolution, and Management

Core Standard 5 Evaluate effective conflict prevention, resolution, and management techniques.

- 1 Describe key components of preventing, resolving, and managing conflicts in career, community, and family settings [IR-5.1](#)
 - 2 Demonstrate effective responses to conflict and harassment in career, community, and family settings [IR-5.2](#)
 - 3 Implement strategies to increase tolerance of individual or group differences; prevent bullying, violence, and abuse; and encourage peaceful resolution of conflict in career, community, and family settings [IR-5.3](#)
 - 4 Implement strategies to increase tolerance of individual or group differences; prevent bullying, violence, and abuse; and encourage peaceful resolution of conflict in career, community, and family settings [IR-5.3](#)
 - 5 Assess community resources, services, and agencies that support conflict prevention, resolution, and management [IR-5.4](#)
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Leadership, Teamwork, and Collaboration

Core Standard 6 Demonstrate leadership, teamwork, and collaboration in career, community, and family settings.

- 1 Evaluate leadership styles and techniques, including democratic/collaborative and authoritarian, as used in career, community, and family settings **IR-6.1**
- 2 Create an environment that encourages and respects the ideas, perspectives, and contributions of all group members in career, community, and family settings **IR-6.2**
- 3 Demonstrate strategies to motivate, encourage, and build trust among group members in career, community, and family settings **IR-6.3**
- 4 Demonstrate ways to organize and delegate responsibilities in career, community, and family settings **IR-6.4**
- 5 Create strategies to integrate new members into the team in career, community, and family settings **IR-6.5**
- 6 Demonstrate processes for cooperating, compromising, and collaborating in career, community, and family settings **IR-6.6**